

Includes cup of soup or salad , one vegetable  
and choice of ice cream, pudding or jello

62+

# Senior Menu

11am-8pm  
weekdays

## Chris' Fish Specials

### Broiled Haddock

served in lemon butter

\$12.99

### Potato Crusted baked Cod <sup>(1)</sup>

served over rice

\$9.99

### Rustic Italian glazed Cod <sup>(1)</sup>

rosemary, garlic, cracked pepper, lemon  
glazed baked cod over rice

\$9.99

### Fried Crab Cake <sup>(1)</sup>

served with choice of cocktail or tarter sauce

\$8.99

### Broiled Crab Cake <sup>(1)</sup>

served in lemon butter

\$9.99

### Parmesan Crusted Tilapia <sup>(1)</sup>

served over rice

\$9.99

## Chris' Chicken Specials

### 1/2 Roasted Chicken

over rice or filling

\$12.99

### BBQ Pineapple Chicken <sup>(1)</sup>

served over rice

\$9.99

### Bourbon Glazed Chicken Breast <sup>(1)</sup>

with broccoli served over rice

\$10.99

### Chicken Croquette <sup>(1)</sup>

topped with chicken gravy over mashed

\$8.99

### Chicken Florentine <sup>(1)</sup>

grilled spinach & tomatoes baked with  
mozzarella over rice

\$9.99

### Grilled Marinated Chicken <sup>(1)</sup>

over rice

\$8.99

### Sesame Glazed Chicken Breast <sup>(1)</sup>

with broccoli & served over rice

\$10.99

## Chris' House Specials

### Top Round of Roast Beef

topped with brown gravy

\$9.99

### Roast Turkey (All Natural)

served over filling with chicken gravy

\$9.99

### Homemade Meatloaf <sup>(1)</sup>

side of brown gravy

\$7.99

### Western Meatloaf <sup>(1)</sup>

over mashed  
potatoes, topped with bbq sauce & onion rings

\$8.99

### Liver and Onions

side of brown gravy

\$8.99

### Italian Sausage & Peppers <sup>(1)</sup>

Served over mashed potatoes

\$9.99

### Chopped Sirloin Steak (8 oz.)

topped with onions & brown gravy

\$9.99

### Country or Chicken Fried Steak

topped with sausage gravy

\$9.99

### Boneless Pork Chop <sup>(1)</sup>

\$8.99

### Stuffed Mushrooms with Crab <sup>(3)</sup>

Baked w/ Monterey & cheddar cheese

\$8.99

## Chris' Italian Specials

### Spaghetti and Meatballs <sup>(2)</sup>

topped with marinara sauce

\$7.99

### Eggplant Parmigiana

baked with mozzarella & marinara sauce

\$9.99

### Chicken Parmigiana <sup>(1)</sup>

baked with mozzarella & marinara sauce

\$9.99

### Veal Parmigiana

baked with mozzarella & marinara sauce

\$10.99

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase  
your risk of foodborne illness, especially if you have a medical condition.